

RRMS & CANNABIS

How Medical Marijuana & Hemp can help.

Relapsing/Remitting Multiple Sclerosis (RRMS)

An autoimmune disorder that attacks the body's own Central Nervous System (CNS) through the Blood Brain Barrier (BBB) and destroys the protective nerve "sleeve" called myelin (1.), critical to proper motor and mental function..



Prescriptive therapies include the following and should be considered for contra-indications: Baclofen (pain/spasticity), Tizanidine (spasm/increased muscle tone), Gabapentin (anti-convulsing/seizure), Methadone (opioid use disorder), Clonazepam (anti-seizure), Amitriptyline (pain), Nortriptyline (depression).

Nothing has been completely effective for long term pain and spasticity with accompanying symptoms of dizziness, nausea, and cramping, constipation, diahrea, depression and sleeplessness without contributing to more side effects. So we suggest the following:

1
PROPER DR
Find a Neurologist who supports MMJ therapy. Help him track your progress for everyone!

2
BUD TENDER
Ask their advice on which chemovars will serve your needs best! They know their stuff!

3
JOURNAL
MMJ is different than synthetic drugs. Journal your process to quickly understand your needs.



Different Kinds!

You'll need help choosing the right ChemoVars!



Different Ways!

And varieties but you never have to get high!



Different Doses!

Every person must find their own particular dose that gives relief.

Finding good support is critical to learning how to use this live cannabis plant, both Medical Marijuana and Hemp, as a medicine.

Based on ancient anecdotal testimony, we know that cannabis therapies will ease spasticity in muscles and organs, inhibit inflammation, ease pain, nausea, and lift depression. Of late, certain U.S. and European Random Control Trials (RCT's) (2.) have increased our understanding of which chemovars affect particular issues, effects relief, and what the best available delivery methods are, hopefully, in your area.



At this time, cannabis medication is still very much a figure-it-out-by-yourself process. You are your own study subject. But we already know cannabis is not a deadly compound so self-discovery is a safe and reasonable procedure if titration is strictly followed.

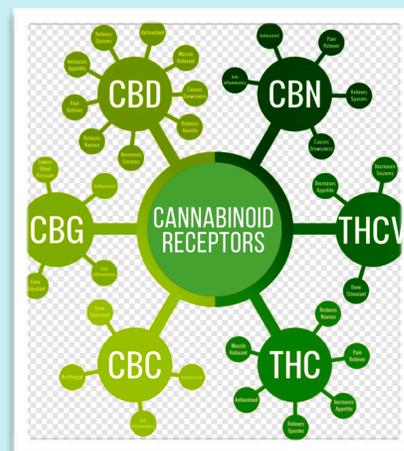
Bud Tenders, educated staff members who work in cannabis dispensaries, give you recommendations for various types of cannabis based on your description of needs and will help you find the most efficacious chemovar path... the best chemical-variety for you. Like uplifting varieties that treat mood, focus, and pain, all at once. Also relaxing bedtime varieties that allow your frustrations to melt and also quiets belly and leg spasms into restful sleep.

Most Bud Tenders know their company products' chemical makeup and they'll be able to advise you on balancing percentages of chemovars to mitigate any unwanted effects... such as feeling too much euphoria or awakening anxiety. They'll help you choose the proper delivery methods that are pertinent to your lifestyle, physical, emotional, and philosophical needs. They'll help you determine the best ratios of cannabis to try and will instruct your method of delivery and titration/dosing system that allows you to remain in control of your medication and faculties at all times.

CANNABIS HAS OVER 500 COMPOUNDS IN VARIOUS RATIOS

Products will vary between dispensaries, as well as different cannabis varieties. So understanding the chemovar makeup in the variety that works really well for you, will ensure that you always know how to choose a good medication for your needs.

The time is coming when a blood sample will tell this Cannaba Verum, this Cannabis Truth.



Choose recommended cannabis tinctures with specific terpenes and cannabinoids for morning with a bright, uplifting, focus effect in a 1:1 ratio of THC to CBD that would address morning pain yet allow focus on tasks. Avoiding too much euphoria by sedating the THC with higher ratios of CBD.

A different variety for night that was higher in THC ratio (3:1 or higher) for better sleep at night and to quell leg spasms. Try a 1:1 salve during the day for hands and calves, when needed for pain. Journal, while titrating up to a personal effective dosage, by using and noting tiny incremental doses until reaching relief. Using tinctures instead of vaping or burning the inflorescence will satisfy a “mother’s responsible example” to her teens. Follow-up in two weeks to check progress.

1. www.mymsaa.org
2. www.drugabuse.gov
3. www.green-cultured.com/budtenders